



EUROPEAN PSYCHIATRIC ASSOCIATION



EPA CULTURAL PSYCHIATRY SECTION REPORT 2024

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Patrizia ZEPPEGNO, Pavone Canavese, Italy

LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 14.06.2021

Venue: online meeting



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ACTIVITIES OF THE SECTION IN 2024:

Meetings/events

THE NEURO-SOCIODEVELOPMENTAL DISORDERS: AN INTEGRATED APPROACH

Advanced training course

Description:

The aim of the course is to provide useful skills in assessing individual and environmental vulnerability factors to neuro-sociodevelopment disorders, from birth to early adulthood, also providing elements for their diagnosis and treatment. The main recipients of the proposed training are therefore all those professionals variously involved in the identification and management of such vulnerabilities in any hospital setting or in the Community Mental Health Services: physicians, psychologists, nurses, educators, psychiatric rehabilitation therapists and other healthcare and psychosocial professionals. The lessons, for a total of 55 hours, will take place from March to May 2024 online on Microsoft Teams.

Location: online

Start date: 01/03/2024

End date: 31/05/2024

EPA Cultural Psychiatry Section meeting Description:

Approved minutes of the last EPA Cultural Psychiatry Section meeting, which took place on 08 April 2024 in Budapest, Hungary.

Location: Budapest, Hungary

Start date: 08/04/2024

End date: 08/04/2024



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COMPRENDERE L'INFLUENZA DELLO STIGMA SOCIALE E DEGLI STEREOTIPI INDIVIDUALI NEL PROCESSO DI DECISION MAKING IN MEDICINA

Description:

The medical and surgery degree program is designed to provide theoretical and practical tools to understand psycho-physical suffering across different ages and life stages, considering the complexity of contemporary society. Based on the WHO's definition of health, which includes physical, mental, and social well-being, the course aims to enhance cultural competence in the doctor-patient relationship.

Educational Objectives:

- Knowledge and Understanding: Students must understand how different cultures and belief systems perceive health and illness.
- Applied Knowledge and Understanding: Students should recognize and address gender and cultural biases in healthcare, always prioritizing patient health.
- Autonomy of Judgment: They must appreciate the importance of effective communication in care quality and recognize the role of diversity in health.
- Communication Skills: They should know how to ask questions that elicit patient preferences and respond appropriately on cross-cultural issues.
- Learning Skills: They should describe socio-cognitive factors impacting clinical decision-making, considering race, ethnicity, culture, and class.

Course Contents:

- Recognize biases and stigma, including self-stigma, in the doctor-patient relationship.
- Effectively manage stigma and biases in these interactions.

Location: Campus: ALMA MATER STUDIORUM - Università di Bologna - Via Zamboni, 33 - 40126 Bologna

Start date: 01/09/2024

End date: 31/12/2024

Publications

Artificial Intelligence in Healthcare and Psychiatry.



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Journal:

Acad Psychiatry

Authors:

Krysta K, Cullivan R, Brittlebank A, Dragasek J, Hermans M, Strkalj Ivezics S, van Veelen N, Casanova Dias M.

(Expected) Publication date: 23/09/2024

Acknowledged as official Section publication? No

Recent Developments in Cultural Psychiatry. In: Fiorillo A, Falkai P, Gorwood P Journal:

Mental Health Research and Practice: From Evidence to Experience. Cambridge University Press

Authors:

Graef-Calliess IT, Altunöz U, Galatolo M, Tarricone I, Bahadır Ş, Schouler-Ocak M.

(Expected) Publication date: 01/02/2024

Acknowledged as official Section publication? No

Socio-Demographic and Clinical Characteristics of Patients with Substance Intoxication Receiving a Psychiatric Assessment in the Emergency Department of the Maggiore Della Carita Hospital, Novara, Italy.

Journal:

International Journal of Environmental Research and Public Health.

Authors:

Gambaro E, Gramaglia CM, Cenci D, Ferrante D, Gavelli F, Bellan M, Zeppeghno P.

(Expected) Publication date: 28/12/2024

Acknowledged as official Section publication? No

Culture-Related Issues in Assessment. In: Tasman, A., et al. Journal:

Tasman's Psychiatry. Springer, Cham.

Authors:

Schouler-Ocak, M., Graef-Calliess, I.T.

(Expected) Publication date: 05/09/2024

Acknowledged as official Section publication? No



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The Role of Social Deprivation and Cannabis Use in Explaining Variation in the Incidence of Psychotic Disorders: Findings From the EU-GEI Study

Journal:

Schizophrenia Bull

Authors:

Brink V, Andleeb H, Gayer-Anderson C, Arango C, Arrojo M, Berardi D, Bernardo M, Bobes J, Del-Ben CM, Ferraro L, de Haan L, La Barbera D, La Cascia C, Lasalvia A, Llorca PM, Menezes PR, Pignon B, Sanjuán J, Santos JL, Selten JP, Tarricone I, Tortelli A, Tripoli G, Velthorst E, Rutten BPF, van Os J, Quattrone D, Murray RM, Jones PB, Morgan C, Di Forti M, Jongsma HE, Kirkbride JB.

(Expected) Publication date: 27/08/2024

Acknowledged as official Section publication? No

A report from the WPA Working Group on Providing Mental Health Care for Migrants and Refugees.

Journal:

World Psychiatry

Authors:

Schouler-Ocak M, Kastrup MC, Küey L, Minas H, Rataemane S, Rohlf H, Lewis-Fernández R.

(Expected) Publication date: 18/09/2024

Acknowledged as official Section publication? No

Presentations at non-section events

Permanent Seminar – MIGRAZIONE E SALUTE MENTALE: CAMBIAMENTI GLOBALI, RISPOSTE LOCALI.
23/10/2024 8.30 am – 6 pm

Migration and mental health of migrants, refugees, asylum seekers and undocumented migrants-
Ethical dilemmas and concerns

Setting:

Room 2, AUSL Romagna Training Center Via
Pratella 12, Forlì and online

Presenter: MERYAN SHOULER OCAK, Head senior physician of the psychiatric outpatient clinic at the Psychiatric University Clinic of the Charité at St. Hedwig-Krankenhaus, Head of the Research Division Intercultural Migration and Care Research, Social Psychiatry, Berlin, DE Introduces and discusses ILARIA TARRICONE, Bologna Transcultural Psychosomatic Team, DIMEC UNIBO



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Event Start date: 23/10/2024

Event End date: 23/10/2024

Acknowledged as official Section presentation? No

ESORDI PSICOTICI E POPOLAZIONI MIGRANTI NELLE SOCIETÀ MULTICULTURALI

Setting:

Online seminar via the Zoom platform and in the Teaching Room at the Parma Local Health Authority Headquarters, Str. del Quartiere, Italy.

Presenter: Scientific Manager: Emanuela LEUCI (Ausl PR) in collaboration with Ilaria TARRICONE

Event Start date: 27/11/2024

Event End date: 27/11/2024

Acknowledged as official Section presentation? No

FUTURE ACTIVITIES:

Meetings/events

ACTIVITIES AT THE UPCOMING ECP IN MADRID

Description:

Mental Health Policy session

Addressing the need for specialised LGBTIQ+ psychiatric services and training from a transcultural perspective

06.04.2025 | 08:00 - 09:30 | Berlin

Description:

This session is organised by the Section on Cultural Psychiatry

This symposium addresses the transcultural aspects of specialized psychiatric services for LGBTIQ+ persons, including affirmative approaches to psychiatric care and psychotherapy in different European countries and the United States. A special focus will be placed on defining the implications for training psychiatrists, psychiatry residents, psychologists and other mental health professionals with the goal of increasing the capacity for adequately and appropriately providing effective care for this group, which has



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a higher risk of mental health disorders, substance disorders and suicide. Chair:

Ilaria Tarricone (Italy) , Dinesh Bhugra (United Kingdom)

Importance of intercultural paradigm in affirmative clinical practice with LGBTIQ+ people

Speaker: Iva Zegura (Croatia)

Intercultural psychotherapy addressing intersectionality

Speaker: Iris Tatjana GRAEF-CALLIESS (Germany)

LGBTIQ+ Specialty Care in USA: The Continuing Need for Specialty Clinics and Resources Speaker: Amir

Ahuja (United States)

LGBTQ+ transcultural psychiatry – the need for capacity building, specialized psychiatric services and recognizing the specific needs of LGBTIQ+ refugees in the Nordic countries

Speaker: Goran Mijaljica (Sweden)

Mental Health Policy Session

People on the move and mental health: Challenges and solutions

06.04.2025 | 17:00 - 18:30 | Madrid

Topic: Mental Health Policy

Description:

A growing body of literature identifies the drivers and barriers of migration as a variety of push and pull factors at the macro- (global and national), meso- (professional) and micro- (personal) levels. Interestingly, many of the key drivers of migration to Europe were also factors driving migration from Europe to other countries and are thus relevant for all high-income countries. A majority of people have been forced to flee their homes than ever before, with a staggering more than 117 million individuals displaced worldwide, according to a report released by the United Nations High Commissioner for Refugees.

Mental health problems that forcibly displaced people (IDPs, refugees and asylum seekers) experience constitute a serious public and mental health problem. There is increasing evidence that a large proportion of refugees and asylum seekers residing in different parts of the European countries suffer from the consequences of traumatic events and exhibit psychological problems or develop mental disorders including, but not limited to, trauma related disorders, e.g., Post-Traumatic Stress Disorder. Furthermore, people who have been forcibly displaced or who are stateless have been among the



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hardest-hit groups of during the Covid-19 Pandemic and Climate change is also driving displacement and increasing the vulnerability of those already forced to flee, facing increased food and economic insecurity as well as challenges to access health and protection services.

The European Psychiatric Association (EPA) has a Task Force on Migration and Mental Health to raise awareness on this important public health problem and outlines strategies for how its member societies and the mental health professionals at large may contribute to managing these challenges.

This Task Force on Migration and Mental Health aims to increase awareness, basic knowledge and skills of the psychiatrists and other mental health workers related to migrants, refugees and forcibly displaced people and mental health consequences of migration and displacement.

In this session we will focus on current conditions in different parts of Europe and discuss publications and recommendations of the Task Force.

Chair: Geert Dom (Belgium) , Meryam Schouler-Ocak (Germany)

Current situation in Europe – different perspectives

Speaker: Apostolos Veizis (Greece)

Current situation in Europe – different perspectives

Speaker: Ilaria Tarricone (Italy)

Current situation in Europe – different perspectives

Speaker: Jerzy Samochowiec (Poland)

Current situation in Europe – different perspectives

Speaker: Tamer Aker (Türkiye)

Current situation in Europe – different perspectives

Speaker: Sofie Bäärnhielm (Sweden)

Current situation in Europe – different perspectives

Speaker: Meryam Schouler-Ocak (Germany)

Clinical / Therapeutic session Intercultural

disorder-specific psychotherapy 07.04.2025 |

17:00 - 18:30 | Auditorio A



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Topic: Clinical / Therapeutic

Description:

The core aim of this symposium is to introduce disorder-specific psychotherapy approaches in an intercultural context. It will sensitise the plenum to culturally varying symptom constellations and address special features of diagnosis and therapy, focusing on the presentation of culturally specific or adapted therapy concepts.

Chair: Iris Tatjana GRAEF-CALLIESS (Germany), Meryam Schouler-Ocak (Germany) TBC

Speaker: Iris Tatjana GRAEF-CALLIESS (Germany) TBC

Speaker: Ekin Sonmez (Türkiye) TBC

Speaker: Heidi Siller (Ireland)

Cultural and migration-related aspects of trauma-related disorders

Speaker: Meryam Schouler-Ocak (Germany)

Clinical / Therapeutic session Psychotherapy

in challenging settings 06.04.2025 | 17:00 -

18:30 | Amsterdam

Topic: Clinical / Therapeutic

Description:

This session is jointly organised by the Sections on Psychotherapy & Emergency Psychiatry

Psychotherapeutic principles apply to everything a psychiatrist does in clinical work. In recent years, psychotherapy has continued to be a basic science of psychiatry, with its application in all clinical settings. Some settings, such as emergency rooms or prisons, may have certain conditions that might challenge the framework and practice of psychotherapy applications. Meanwhile, specific psychotherapeutic tools could be effective for crisis intervention in suicidal patients in emergency settings. Optimized psychotherapy



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settings may not be within reach during humanitarian crises such as natural disasters or conflicts. In this session, we aim to review situations that may affect therapeutic alliance in such circumstances and emphasize and discuss various perspectives on applying different psychotherapy techniques in challenging settings.

Chair: Julian Beezhold (United Kingdom), Theodoros Koutsomitros (Greece) The

Suicidal Patient in Emergency Settings: A Possible Role for Psychotherapy? Speaker:

Carla Gramaglia (Italy)

Cognitive Behavioural Therapy/Motivational Interviewing in Emergency Settings in Child and Adolescent Psychiatry

Speaker: Thomas Gargot (France)

Psychotherapeutic Interventions in Humanitarian Settings

Speaker: Selin Tanyeri Kayahan (Türkiye) Psychotherapeutic

Interventions in Forensic Settings Workshop

- Title : Between ethnopsychiatry, criminology and narrative medicine: a complex clinical case
- Chairs : Kris GOETHALS, Ilaria TARRICONE
- Speakers : Jacopo Santambrogio, Eleonora Gambaro, Federico Boaron, Kris GOETHALS, Birgit Völlm, Nikolay Bokhan
- Session date and time : Monday 7 April 2025 - 10:00 - 11:30
- Session room : Berlin

E-poster viewing

Abstract title: Multiculturalism, Integration, and Mental Well-being in the Context of Emergency Departments: a Comparative Analysis Across Three Hospitals in Northern Italy

Location: Session room : Berlin



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Start date: 05/04/2025

End date: 08/04/2025

FUNDING IN 2024

Income: None Source(s)
of funding:

None

Expenditure: None

Balance: None

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No